

Callanish

CEILIDH DANCE INSTRUCTION

Britannia Two-Step

Formation: In threes around the room facing anti-clockwise, man between two ladies.

Music: 6/8 pipe march.

Bars:	Description
1:	Nearer hands joined, touch the left heel then the left toe to the floor, bouncing on the right foot with each touch.
2:	All skip to the left for one step.
3-4:	Repeat 1-2 with the opposite feet.
5-8:	Skip forward for two steps, then backwards for two steps.
9-10:	Set on the spot facing forwards.
11-12:	Still setting, the man raises his arms and the ladies turn underneath.
13-16:	Skip forward for two steps, then backwards for two steps.

Repeat ad lib.