

Callanish

CEILIDH DANCE INSTRUCTION

Strip the Willow

Formation: Longwise sets of 4 couples, men on the right and ladies on the left as viewed from the band. Couples number from nearest the band.

Music: 6/8 or 9/8 jigs.

Bars: **Description**

1-8: 1st couple spin RH.

9-16: 1st lady turns 2M LH, partner RH, 3M LH, partner RH, 4M LH.

17-24: Spin with partner RH to the end of the phrase.

25-32: 1st man turns 4L LH, partner RH, 3L LH, partner RH, 2L LH.

33-40: Spin with partner RH to the end of the phrase.

41-48: 1st lady works down men, while 1st man works down ladies, turning 2C LH, partner RH, 3C LH, partner RH, 4C LH.

49-56: Spin with partner RH to the end of the phrase.
Next couple starts when 1st couple start spinning at the bottom for the last time.