

Callanish

CEILIDH DANCE INSTRUCTION

Virginia Reel

Formation: Longwise sets of 4 couples or simply two long lines, men on the right and ladies on the left as viewed from the band. Top couples nearest the band.

Music: Reels/American style

Bars: Description

1-8: All advance (clap clap) and retire (clap clap)

9-16: All advance (clap clap) and retire (clap clap)

17-24: All advance and retire, turning partners with Left Arm.

25-32: All advance and retire, turning partners with Right Arm.

33-40: All advance and retire, then dance back to back left shoulder to left shoulder with partners (do-si-do).

41-48: All advance and retire, then dance back to back left shoulder to left shoulder with partners (do-si-do).

49-56: 1st couple join both hands and side slip (skoosh) down the middle and back.

57-64 1st couple, followed by all other couples cast off to the bottom; 1st couple make an arch and the other three couples dance up to new positions.

Dancers will all have to wait until everyone is through the arch before starting again. Listen to the music and/or the band caller!

One variation at bars 49-56 is more than one couple join hands (as directed by the band) and skoosh down to the bottom and back up again, followed by the cast and 2 or more arches.