

Callanish

CEILIDH DANCE INSTRUCTION

Waves of Tory

Formation: Longways sets of 5. Men on callers right.

Music: Jig

Bars	Description
1-4:	Men join hands, ladies join hands. Go forward for 4 to meet each other and go back again for 4.
5-8:	Go forward for 4 to meet each other. Men raise hands to form an arch, ladies walk through arch. Turn to face the centre in line formation.
9-12:	Go forward for 4 to meet each other and go back again for 4.
13-16:	Go forward for 4 to meet each other. Ladies raise hands to form an arch and men walk through. Turn to face the centre in line formation.
17-24:	Top couple join hands and gallop down to the end of the set and back.
25-32:	Cast off, men following the men, ladies follow the ladies.
33-48:	At the bottom of the set the top couple make an arch with both hands, and everybody else goes through the arch and back to where they started.

Everybody face the top couple who are at the bottom of the set and take inside hands with partner. Top couple face up the set.

Top couple go under the arch of the next couple and make an arch for the following couple to go under.
(Dip and dive)

When any couple reaches either end of the set they turn round and swap hands with partner and start going up the set again, making sure they go under the next couple's arch to begin with.

Keep doing this until everyone has done a complete circuit.

Start the dance again with a new top couple.